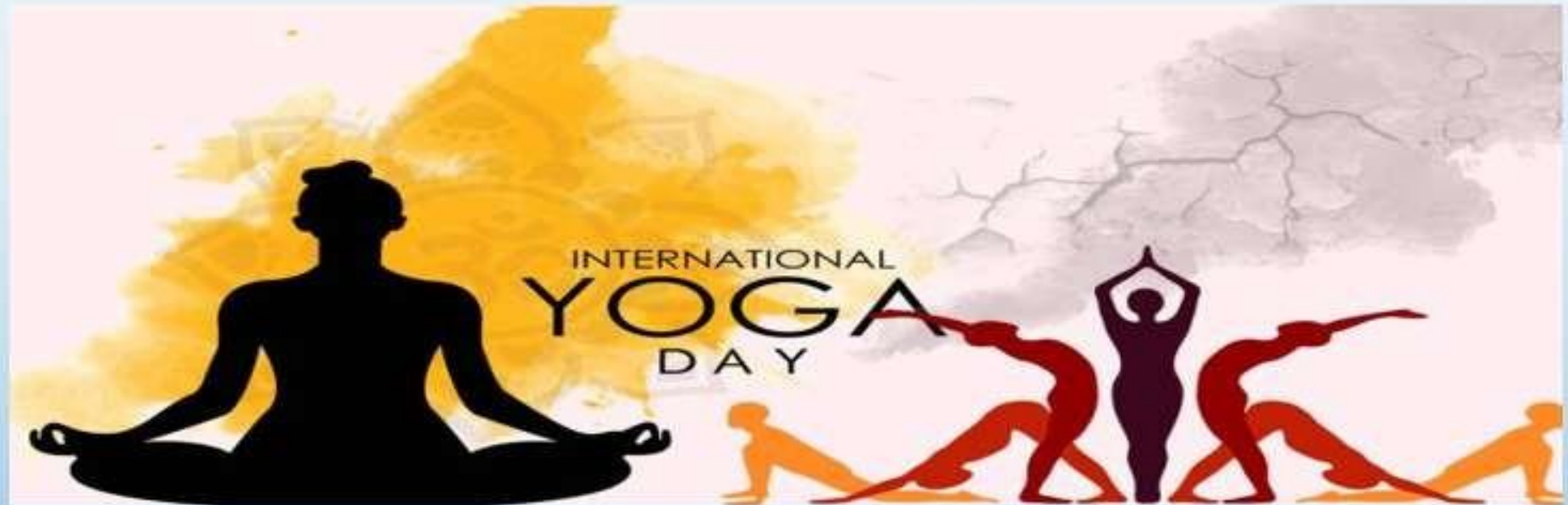


**Karnataka sangha's Manjunatha College of Commerce and Junior
College of Commerce, Thakurli (E)**

IQAC and NSS Unit Organized

International Yoga Day

21/06/2022, 07:00 to 10:00 Am Onwards



Karnataka Sangha's
Manjuntha College of Commerce and Junior College of Commerce
Thakurli East, 421201.

Date: 20 June 2022

NOTICE

All the staff and students are requested to be present in the College on Tuesday, 21 June 2022, 7 am onwards for the **INTERNATIONAL DAY OF YOGA 2022, YOGA FOR HUMANITY** organised by the Internal Quality Assurance Cell along with NSS Unit, Health and Counselling Cell and WDC of our College. Further, all are requested to wear comfortable white Tops/T-shirts and black track pants/leggings and to bring yoga mat or any other mat for Yoga practice.



Sushila

Dr. Sushila Vijaykumar
I/C Principal

Karnataka Sangha's
Manjunatha College of Commerce and Junior College of Commerce,
Thakurli- 421201.

INTERNATIONAL DAY OF YOGA 2022

YOGA FOR HUMANITY

Organised by

IQAC, NSS Unit, Health and Counselling Cell and WDC

AGENDA

Day & Date: Tuesday, 21 June 2022

Venue: College Auditorium

Compering by: Asst Prof Madhuri M

Timings: 7: am onwards

1	Welcome Address	I/C Principal Dr Sushila Vijaykumar
2	Floral Tributes to Dignitaries on the Dais.	IQAC members
3	Address by Chief Guest	Mrs. Shilpa Shelar – Social Worker
4	Yoga Session	Mrs Akansha Chavan-Yoga Shikshak Ayush Mantralaya
5	Vote of Thanks	Asst Prof. Nisha D
6	National Anthem	



Sushila

Dr.Sushila Vijaykumar
I/C Principal

International Yoga Day 2022-23

Attendance

Timing: 7.00am to 9.00am

Venue: Auditorium

Sl. No.	Name	Sign
	Mrs. Smita Reddy	[Signature]
	Smita Reddy	[Signature]
	Rashmi Shetty	[Signature]
	Ashwini Shetty	[Signature]
	Rashmi Shetty	[Signature]
	Pawan Ahuja	[Signature]
	Anupam	[Signature]
	Rishabh Deshpande	[Signature]
	[Signature]	[Signature]
11	Lata Bhandari	[Signature]
12	Yogini Bhandari	[Signature]
13	Vandana Yashwanth	[Signature]
14	Pratiksha D. Sapate	[Signature]
15	Sanjiv Bhandari	[Signature]
16	[Signature]	[Signature]
17	M. Sushila Vijayaraj	[Signature]
18	Mrs. Supriya Bhandari	[Signature]
19	Mrs. Nilamali Bhatkar	[Signature]
20	Ms. Divya B. Iyer	[Signature]
21	Ms. Sakshi Kulkarni	[Signature]
22	Sanika Kulkarni	[Signature]
23	Deepa Ramani	[Signature]
24	Sudha Dubey	[Signature]
25	Sanjivani Chaudhari	[Signature]
26	Manvi Poojari	[Signature]
27	Supra Somboli	[Signature]
28	Amli Chaudhari	[Signature]
29	Kirti S.	[Signature]
30	[Signature]	[Signature]
31	Shalini Badgajar	[Signature]
32	Pooja Jayashree K.	[Signature]



KARNATAKA SANGHA'S
MANJUNATHA COLLEGE OF COMMERCE
&
JUNIOR COLLEGE OF COMMERCE



NAAC Accredited 'B' Grade with CGPA
score of 2.70

Kanchangan, Khambhalpada,
Thakuri (East), Dist. Thane - 421 201

Tel : 2439952/2603874/2803975 Fax : 2441828
Website : www.ksmanjunathacollege.edu.in
E-mail ID : mcac_college@rediffmail.com
principal@ksmanjunathacollege.edu.in
LBT No. KDMC/LBT-TIN/H/12001824

MCC/1/22

दि. 16 जून २०२२

श्रीमती शिल्पा शेलार
सकाळी ४, ठाकुरी

विषय : समुख वाहूने म्हणून उपस्थितीसाठी आमंत्रण पत्र

म्हणून

कर्नाटक संघाचे मंजुनाथ महाविद्यालय व कनिष्ठ महाविद्यालयाच्या अंतर्गत गुणवत्ता हमी सेल
द्वारे संचालित विद्यमाने दुर्मेज डेव्हलपमेंट सेल, राष्ट्रिय सेवा योजना आणि आरोग्य आणि समुपदेशन समिती
द्वारे 'मानवतेसाठी आंतरराष्ट्रिय योग दिवस २०२२' आयोजित करण्यात आला आहे, त्यासाठी आपल्याला
साजवित स्वरूपात येत आहे हे त्याचे वृत्त पुढीलप्रमाणे:-

दिन आणि तारीख : मंगळवार, २१ जून २०२२

वेळ : सकाळी ४ ते २.००

ठिकाण : मंजुनाथ महाविद्यालयाचे सभागृह

संपर्क : श्री पुष्कर देशपांडे ९८९२५६११५८

आपली विश्वासू

Shila

डॉ. सुशिला विजयकुमार
प्रभारी प्राचार्य

श्रीमती शिल्पा शेलार





KARNATAKA SANGHA'S
MANJUNATHA COLLEGE OF COMMERCE
&
JUNIOR COLLEGE OF COMMERCE



NAAC Accredited 'B' Grade with CGPA
score of 2.70
Kanchangaon, Khambhalpada,
Thakurli (East), Dist. Thane - 421 201.

Tel. : 2439952/2803974/2803975 Fax : 2441826
Website : www.ksmanjunathacollege.edu.in
E-mail ID : mcaac_college@rediffmail.com
principal@ksmanjunathacollege.edu.in
LBT No. KDMCALBT-TINWV12001824

MCC/1-20/

दिनांक: १७ जून २०२२

श्रीमती.शिल्पा शेळार
खंबाळपांडा,ठाकुरली.

विषय: धन्यवाद पत्र

महोदया,

कर्नाटक संघाचे महाविद्यालय व कनिष्ठ महाविद्यालयाच्या अंतर्गत गुणवत्ता हमी सेल,राष्ट्रीय सेवा योजना,आरोग्य
आणि समुपदेशन समिती तर्फे "मानवतेसाठी आंतरराष्ट्रीय योगा दिवस२०२२" साजरा करण्यासाठी आपण प्रमुख पाहणे
म्हणून उपस्थित राहिल्या बद्दल धन्यवाद.

आपली विश्वासू,



Phila

श्री.सुशिला विजयकुमार
प्रभारी प्राचार्य

श्रीमती शिल्पा शेळार



KARNATAKA SANGHA'S
MANJUNATHA COLLEGE OF COMMERCE
&
JUNIOR COLLEGE OF COMMERCE



	NAAC Accredited 'B' Grade with CGPA score of 2.70 Kanchangaon, Khambhalpada, Thakurli (East), Dist. Thane - 421 201.	Tel : 2438052/2803874/2803975 Fax : 2441826 Website : www.kmanjunathacollege.edu.in E-mail ID : mcaac_college@rediffmail.com principal@kmanjunathacollege.edu.in LBT No. KDMC/LBT-TIN4412001024
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MCC/1-20/

Date: 17 June 2022

Mrs. Akansha Chavhan
Kalyan

Subject: Invitation for Yoga training in our College

Madam

We are pleased to invite you for training our staff and students on various Yoga techniques on the *INTERNATIONAL DAY OF YOGA 2022, YOGA FOR HUMANITY* organised by the Internal Quality Assurance Cell along with WDC, NSS Unit, Health and Counselling Committee of our College. The following is the schedule :

Day and Date: - Tuesday, 21 June 2022.

Time: - 7.00 am to 9.00am

Venue: Manjunatha College (Auditorium)

Contact Person: Mrs. Supriya Bhalerao: 9833075652

Yours faithfully

Dr. Sushila Vijaykumar

I/C Principal



Report of "International Yoga Day"

MCC/4-10/

Date: 22 June, 2022

The Principal and IQAC Chairman
Karnataka Sangha's
Manjunatha College of Commerce
Thakurli.

Subject: Brief Report on "International Yoga Day"

Madam

On the aegis of IQAC, WDC, NSS and Health counselling cell the International Yoga Day was celebrated on **21 June 2022**. The yoga trainer Mrs. Akansha Chavan has guided degree and junior college teachers to maintain individual's health through various Asanas.

For this function Local Ex- Corporator and Social worker Ms. Shilpa Shelar was the chief guest. She highlighted the importance of change in lifestyle and its impact on decreasing the physical movement. Hence it is necessary to go back to traditional way of daily food consumption with use of millets in diet is essential. She even informed about age wise exercise are necessary as well as to maintain the good health how walking plays an important role. She has asked everyone to walk at least half an hour a day without any thoughts in mind.

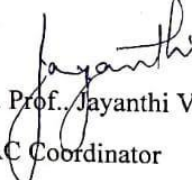
As the regular lectures has not started the program was organised only for degree and junior college teachers.


Objectives of the event is


1. To highlight the necessity of meditation for mental peace.
2. Importance of Daily exercise to maintain personal health.


Thank you

Yours faithfully


Asso. Prof. Jayanthi V
IQAC Coordinator


Asst. Prof. Madhuri M.
NSS PO


Asst. Prof. Nisha D.
WDC In-charge


Asst. Prof. Swapnali B.
Health Counselling I/C





Inauguration function yoga day-Chief guest Ms. Shilpa Shelar with Yoga Trainer



Teachers attending session on Meditation and doing yogasanas.



**Karnataka Sangha's
Manjunatha College of Commerce, Thakurli (E).**

Date: 29 June 2022

Notice

On the occasion of World Doctor's Day, IQAC and NSS unit along with Rotary Club of Dombivli Uptown and Chidanand Charitable Trust, Dombivli (W), organize **Blood Donation Camp** On Friday, 1st July 2022 from 9am to 2pm in the college premises. A healthy person, who has completed 18 years of age, having hemoglobin above 12.5 and weights above 48kgs can donate blood and save lives of those who are in need. Donate for Nobel cause. Come forward along with your friends and relative



A handwritten signature in blue ink that reads "Shushila".

Dr.Shushila Vijaykumar
I/C Principal

Photos of Blood donation camp on 1st July 2022



Dr. V.M shetty and Management members, I/C Principal and other Roterian



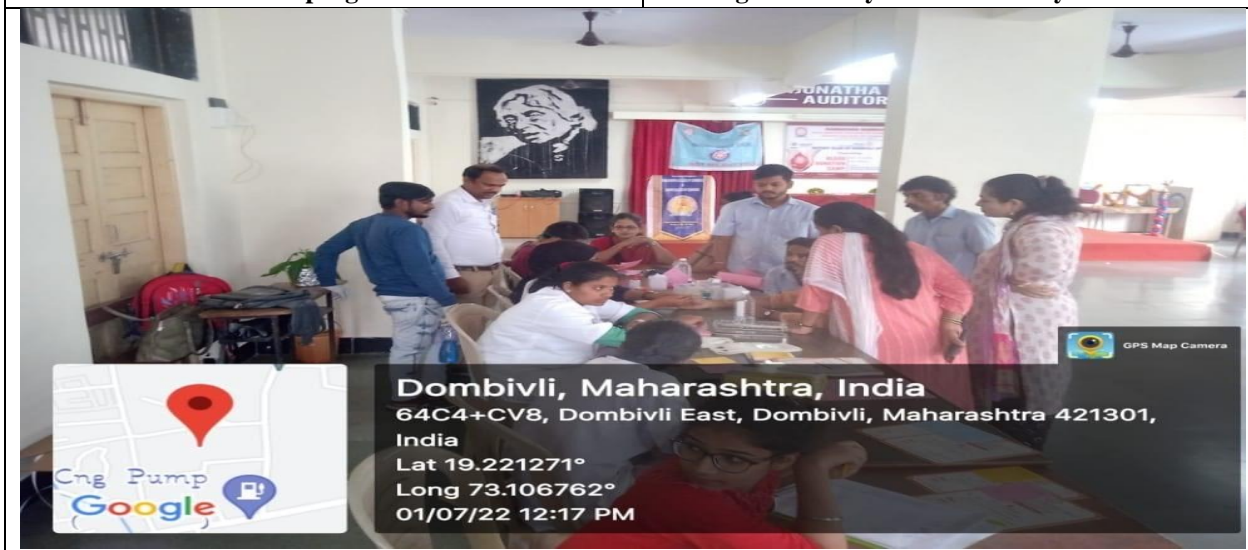
Dr. V. M. Shetty , inaugurating the function



Actual blood donation in progress



Testing of blood by Dr. V. M. Shetty



Sushila
Dr. Sushila Vijaykumar
Principal
Manjunatha College of Commerce
Kanchangaon, Khambalpada,
Thakurli (E) - 421 201.

Brief Report of Blood donation drive on 1st July 2022

6 July 2022

Principal,
Karnataka sangh's
Manjunatha College of commerce,
Thakurli [E]

Subject:- report of Doctor's Day celebration.

Madam,

On the occasion of World Doctor's Day IQCA and NSS unit and Health Council cell along with Rotary Club uptown- Dombivli has organized blood donation camp.

The program was inaugurated by Chief Guest Dr. V. M. Shetty (well-known orthopedic surgeon of Kalyan- Dombivli region) he highlighted the hard efforts always taken by doctor's to save the life of their patients, but if any patient requires blood during operation or even to increase hemoglobin percentage of body then Doctor's cannot able to save the life of patients which is possible only with the support of common man who donate his valuable blood. On this occasion President Karnataka sangha has address the audience regarding the importance of blood donation for noble cause. On this occasion 38 blood bottles were collected

Aim of such activity is to highlight importance of blood in human body which is irreplaceable by any other liquids.

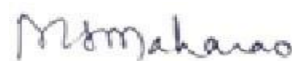
This is for your information

Thank You

Yours faithfully



Asso. Prof. Jayanthi Vaikunth
IQAC Coordinator



Asst. Prof. Madhuri Maharao
NSS PO.



Karnataka Sangha's
Manjunatha College of Commerce and Junior College of Commerce,
Thakurli- 421201

10 November 2022

On the occasion of World Diabetes Day
IQAC, NSS, WDC & Health & Counseling Cell Organizes Seminar on Walk in
Blue for Diabetes Awareness along with by Human Chain & Rally

AGENDA

Overall Compering by: Ms. Supriya. Bhalerao

Sr. Nos.	Contents	Duration
1	Introduction of Seminar	1 Min.
2	Welcome address by I/C Principal Dr. Sushila Vijaykumar	2 Mins.
3	Floral Tributes	1 Min.
4	Introduction of the Resource Person Dr. Vijay Shetty, Orthopedic, City Hospital, Dombivli	1 Min.
5	Seminar on Walk in Blue for Diabetes Awareness	1 Hour.
6	Vote of Thanks by Ms. Supriya Bhalerao	2 Mins.
7	National Anthem	1 Min.

Poster Exhibition, Human Chain & Rally starts from 8.00 am onwards and followed by Seminar lecture on Diabetes awareness.

Route for Rally: College to Chamunda Chowk
Chamunda chowk to Khambalpada Road to Kanchangaon
Kanchangoan to College



Sushila

Dr. Sushila Vijaykumar
I/C Principal

Karnataka Sangha's
Manjunatha College of Commerce and Junior College of Commerce,
Thakurli- 421201

10 November 2022

On the occasion of World Diabetes Day
IQAC, NSS, WDC & Health & Counseling Cell Organizes Seminar on Walk in
Blue for Diabetes Awareness along with Human Chain & Rally

Duty Chart

Overall Compering	Ms. Supriya
Stage Arrangement	Ms. Sanika & Ms. Swapnali
Preparation of Proposal, Brochure, Invitation & Thanks letter, Agenda and Notice	Ms. Suchitra & Ms. Swapnali
Writing on Notice Board	Ms. Anuja & Students
Report Writing	Ms. Divya
Attendance	Ms. Farhat
Geo tag Photos	Ms. Nisha D
Vote of Thanks	Ms. Supriya

Seminar Date: 14 November, 2022

Timings: 8.00am Onwards

Venue: College Auditorium

Rally accompanied teachers: Mrs Nisha D, Mrs Madhuri M , Mr Pushkar D,

Mrs Swapnali B, Mrs Supriya B, Mrs Farhat



Sushila

Dr. Sushila Vijaykumar
I/C Principal

Karnataka Sangha's
Manjunatha College of Commerce &
Junior College of Commerce, Thakurli - East
Walk in Blue for Diabetes Awareness Along with Human Chain & Rally

Date: 14 November 12, 2022 2022

Sr. No.	Name of the Student	Roll No.	Class
1	Tanya Vijay Lad	2625	EYBMS
2	Hare Raghendra Gogula Bhagyashree	2617	EYBMS
3	Vaishnavi Subarama Chikane Ranjana	2609	EYBMS
4	Aakasha Singh	2601	EYBMS
5	Divya Apte	2602	EYBMS
6	Pulika Patil	2633	EYBMS
7	Chetna Rajput	2639	EYBMS
8	Keerthi Bhosale	2606	EYBMS
9	Kashish Labad	2624	EYBMS
10	Shrutika Gore	2618	EYBMS
11	Jyotsna Kulkarni	2522	EYBMS
12	Sushmita Devadiga	2612	EYBMS
13	Apeksha Snehdy	2657	EYBMS
14	Prachi Shetty	2649	EYBMS
15	Nishmita Bangera	2604	EYBMS
16	Pooja Sharma	2644	EYBMS
17	Sristi DIPP Raddi	2657	EYBMS
18	Dr. Sha Dattatray Mankekar	2655	EYBMS
19	Siddhi Rajendra Pawar	2636	EYBMS
20	Sopna. Sanjay. Sharma	2645	EYBMS
21	Rohit. S. Verma	1105	EYB.COM
22	Shakti. M. Chavan	1010	F.Y.B.COM
23	Nitya Pradipati	1955	F.Y.B.COM
24	Sachin Piyale	1954	F.Y.B.COM
25	Surya Kamphya	1178	F.Y.B.COM



Karnataka Sangha's
Manjunatha College of Commerce &
Junior College of Commerce, Thakurli- East

Walk in Blue for Diabetes Awareness Along with Human Chain & Rally

Date: 14 November 2022



Sr. No.	Name of the Student	Roll No.	Class
1	Soham Ghinde	2031	EY BAE
2	Yash Ambekar	2015	EY BAE
3	Omkar Chukka	2104	EY BAE
4	Parov Guav	2012	EY BAE
5	Ravishankar Rajapatil	2116	EY BAE
6	Anjali Rajapatil	2027	EY BAE
7	Pragya Ramani	2029	EY BAE
8	Indajile Ranjiga	2109	EY BAE
9	Sachin Sherkar	2121	EY BAE
10	Ballesh Beldar	2101	EY BAE
11	Prakash Mali	2111	EY BAE
12	Prathamesh P. Bhuvad	2004	EY BAE
13	Smruti Patang	2114	EY BAE
14	Rishik Hegde	2107	EY BAE
15	Chirag S. Padmanik	2028	EY BAE
16	Sushil J. Saxof	2120	EY BAE
17	Hemant P. Kushwaha	2120	EY BAE
18	Sharan Meda	2627	EY BAE
19	Rohan S	1079	EY BAE
20	Kushi Patang	1070	EY BAE
21	Aditya S. Patang	2631	EY BAE
22	Muhammad P. Shrikh	2642	EY BAE

Karnataka Sangha's
Manjunatha College of Commerce &
Junior College of Commerce, Thakurli-East



Walk in Blue for Diabetes Awareness Along with Human Chain & Rally

Date: 14 November 2022

Sr. No.	Name of the Student	Roll No.	Class
1	Rohit Choudhary	2611	F.Y.B.M.S
2	Yogesh Yadav	2658	F.Y.B.M.S
3	Rohit Morye	2626	F.Y.B.M.S
4	Rohit Yaddav	2653	F.Y.B.M.S
5	Ayush Jawar	2635	F.Y.B.M.S
6	Shubham Thakur	2652	F.Y.B.M.S
7	Utkarsh Harsik Shetty	2648	F.Y.B.M.S
8	Gaurish.M.Pai	2020	FYBME
9	Aniket S. Renge	2002	FYBME
10	Vijayesh Ghat	2003	PRAF
11	Rohitkumar Ghadge	2010	FYBAE
12	Ganapadkar panda	2021	FYBAE
13	Sanchit patil	2025	FYBAE
14	Rutik Rabe	2030	FYBAE
15	Meghadev bidage	2005	FYBAE
16	Gaurav Nair	2006	FYBAE
17	Ekansh Birmole	1102	FYBCOM
18	Mohak vanjare	2008	FYBAF
19	Amyan Chavan	2613	FYBMS
20	Amyan Patil	2024	FYBAE
21	Pratham Patil	2017	FYBAE
22	Kanishk Moolga	1015	FYB.COM
23	Uday Dhavansh	1014	FYB.COM
24	Mayur Dorekar	1014	FYB.COM
25	Deepu L. Yeddy	1014	FYB.COM
25	Deepu L. Yeddy	1107	FYB.COM

Karnataka Sangha's
Manjunatha College of Commerce &
Junior College of Commerce, Thakurli- East



Walk in Blue for Diabetes Awareness Along with Human Chain & Rally

Date: 14 November 2022

Sr. No.	Name of the Student	Roll No.	Class
1.	Sonam Valmiki	2127	FY BAF
2.	Pooja Kamashrey	2102	FY BAF
3.	Rupa. R. Singh	2134	FY BAF
4.	Varadma R. Patel	2112	FY BAF
5.	Alka prajapati	2115	FY BAF
6.	Priya Singh	2033	FY BAF
7.	Kenjal Jadhav	2108	FY BAF
8.	Sanjana Gupta	2106	FY BAF
9.	Sanjana Yadav	2130	FY BAF
10.	Nandini harad	2132	FY BAF
11.	Ankita Salunke	2119	FY BAF
12.	Trayari Gole	2011	FY BAF
13.	Sonam vishv valmike	2127	FY BAF
14.	Priya pawar	2026	FY BAF
15.	Chandani patil	2019	FY BAF
16.	Priya Jante	2014	FY BAF
17.	Priyanka Modak	2016	FY BAF
18.	Snehal Suresh Rane	2040	FY BAF
19.	Sneha Rajesh Vishwakarma	2056 2056	FY BAF
20.	Hlasina Begam.	1250	FY BAF
21.	Shabina Khadi	1180	FY BAF
22.	Akansha. K. Naik	1225	FY BAF
23.	Maya Dayaram Kanajiya	1177	FY BAF
24.	Sneha Lupta	1169	FY BAF
	Neelvinkeya	1187	FY BAF
		1238	FY BAF

Seminar, Human chain and Rally on World Diabetes Day

Date: 10 November 2022

MCC/4-10/Seminar

The In-charge Principal

Karnataka Sangha's

Manjunatha College of Commerce

Kanchangoan, Khambalpada, Thakurli.

Subject: Request for approval

Madam,

IQAC, NSS, WDC & Health & Counseling Cell are interested in organising Seminar on "Walk in Blue for Diabetes Awareness" along with Poster Exhibition, Human Chain & Rally

Duration and target participants	:	Duration for Seminar 1 Hour ,Rally and Human chain 1 hour
Day and date of the Programme	:	Monday ,14 November 2022
Timing of the Programme	:	8.00am onwards
Mode/Platform	:	Offline
Resource Person	:	Dr Vijay M Shetty, Orthopedic, City Hospital Dombivli

Title, objectives and expected outcomes:

Day of Importance: World Diabetes Day

Title: Walk in Blue for Diabetes awareness

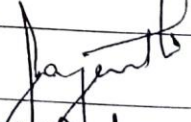
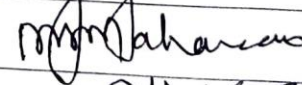
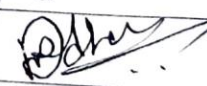
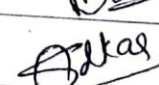
Objective – To create awareness among students and community about Diabetes and impact on Health and Lifestyle.

Expected Outcome - The students will be aware of Diabetes and the importance of healthy lifestyle.

Please approve the proposal

Thank you

Yours faithfully

IQAC Co-ordinator Asso Prof Jayanti V	
PO of NSS Unit Asst Prof Madhuri M	
I/C WDC Asst Prof Nisha D	
I/C Health and Counselling Cell Asst Prof Swapnali B	



Date: 16/11/2022

To
I/C Principal
Dr Sushila Vijaykumar
Manjunatha College of Commerce, Thakurli

Report of "Guest lecture on World Diabetes Day"

Madam

On behalf of the Internal Quality Assurance Cell, NSS, WDC and Health & Counseling Cell we are enclosing a brief report of the Guest lecture on Diabetes and its management which was conducted on Monday 14 November 2022 on the occasion of World Diabetes Day in Auditorium at 8 am onwards.

The guest lecture was inaugurated & dignitaries were welcome on dais.

The guest lecture was conducted by Dr. V.M. Shetty and main objective of this lecture was to make the students aware about how one needs to take precautionary measures to keep diabetes away.

Dr. V.M Shetty discussed the 2 types of diabetes i.e. Type 1 and Type 2 where he informed about Type 2 diabetes being reversible and can be controlled by some changes in one's lifestyle.

He also talked about how we can identify symptoms of diabetes. Dr. V. M. Shetty also talked about the change in the definition of Senior citizen and how mental health also matters.

He also emphasized about exercising and advised on maintaining an active lifestyle.

Positive response was received and the guest lecture ended with Vote of Thanks after the session students made Human logo of Diabetes Awareness along with diabetes awareness Rally.

Thank you

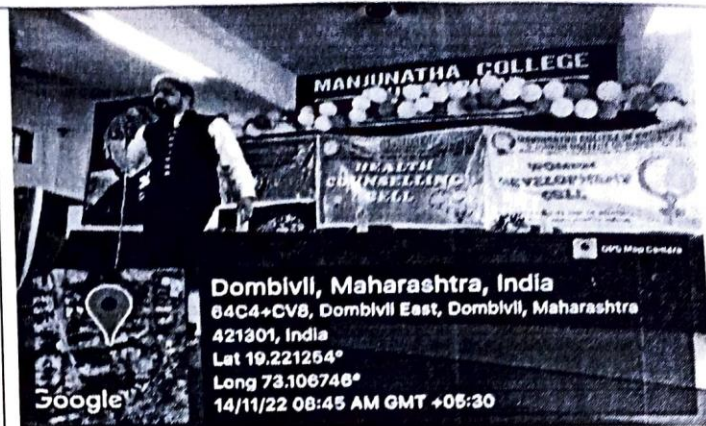
Yours faithfully

Mrs Jayanti Vaikunth (Co-ordinator IQAC) : _____
Mrs Madhuri Maharao (NSS PO) : _____
Mrs Nisha Deodhar (I/C Alumni) : _____
Mrs Swapnali Bidkar-Giri
(I/C Health counseling Cell) : _____

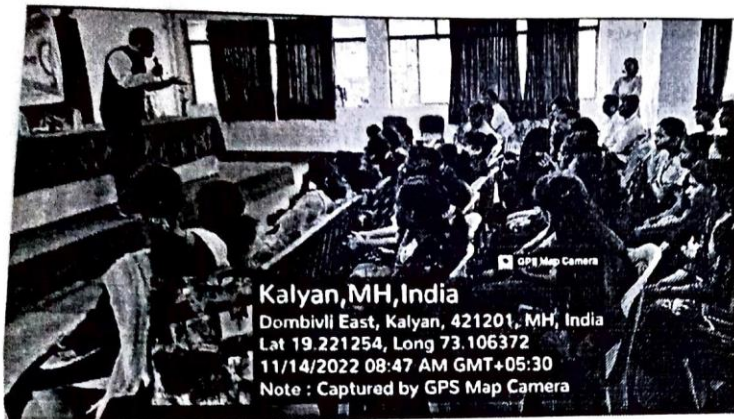




Kalyan, MH, India
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 11/14/2022 08:30 AM GMT+05:30
 Note : Captured by GPS Map Camera



Dombivli, Maharashtra, India
 84C4+CV8, Dombivli East, Dombivli, Maharashtra
 421301, India
 Lat 19.221254°
 Long 73.106748°
 14/11/22 08:45 AM GMT +05:30



Kalyan, MH, India
 Dombivli East, Kalyan, 421201, MH, India
 Lat 19.221254, Long 73.106372
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 Note : Captured by GPS Map Camera



Kalyan, MH, India
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 Note : Captured by GPS Map Camera



Phira

Principal
 Manjunatha College of Commerce
 Kanchangaon, Khambalpada,
 Thakurli (E) - 421 201.



Kalyan, MH, India
 Dombivli East, Kalyan, 421201, MH, India
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 Note : Captured by GPS Map Camera



Kalyan, MH, India
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 Note : Captured by GPS Map Camera



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 64C5+M2G, Dombivli East, Dombivli,
 Maharashtra 421301, India
 Lat 19.221621°
 Long 73.106939°
 14/11/22 08:16 AM GMT +05:30



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Principal
Manjunatha College of Commerce
Kanchangaon, Khambalpada,
Thakurli (E) - 421 201.

**Karnataka Sangha's
Manjunatha College of Commerce and Junior College of Commerce,
Thakurli- 421201**

14 November 2022

STAFF NOTICE

All the Degree and Junior college Teaching and Non-Teaching Staff are hereby informed that on the occasion of World Lung Day IQAC, Health & Counseling Cell Organizes Faculty Empowerment Programme on Thursday, 17 November 2022 at 11.30 am onwards in the college auditorium.
All are requested to attend the same.

Swapanali
Ms. Swapnali B
I/c Health & counselling cell



Sushila
Dr. Sushila Vijaykumar
I/C Principal

To,
The Principal
Karnataka Sangha's
Manjunatha College of Commerce and Junior College of Commerce

Date: 17, November 2022

"Report on World Lung Day"

Madam,

On behalf of the Internal Quality Assurance Cell and Health and Counselling Cell we are enclosing a brief report of Faculty Empowerment Programme on the occasion of "World Lung Day" which was scheduled on 17 November 2022 in College Auditorium from 11:15 am onwards.

The Resource Persons - Mrs Prajna Rai Shetty, Mr Pramod Malgi, Mr Rajendra Thakare and Mrs Sheetal Hinge.

The Session was about Meditation, Sense of Calmness, How to be happy and Benefits of Yoga.

The Session began with Welcome Address by our I/C Principal Dr Sushila Vijaykumar. Explanation on benefits of Yoga and Meditation was given by Prajna Rai Shetty.

Explanation and benefits about "Art of Living" was shared by Vrunda Mam.

Benefits of Yoga was instructed by Yoga Instructor Sheetal Hinge.

Importance of Lung and Technique of Sudarashan Kriya was demonstrated by Rajendra Thakare.

The main purpose of the Programme was to create awareness "How to have Stronger Lungs"

Objectives of Session :-

1. Benefits of meditation
2. To have sense calmness
3. Secret to be happy
4. Importance of Breathing



Geo tagged photos





The Session ended with vote of thanks and National Anthem.

Thank you

Yours Faithfully

Ms Swapnali Bidkar

Health and Counselling Incharge



Mrs. Jayanthi Vaikunth

IQAC Co-ordinator

Proposal for Faculty Empowerment Programme

MCC/4-10/Faculty

Date:- 14-11-2022

The In-charge Principal

Karnataka Sangha's

Manjunatha College of Commerce

Kanchangoan, Khambalpada, Thakurli.

Subject: Request for Approval of Conducting Faculty Empowerment Programme.
Madam,

On behalf of IQAC, Criteria 6 and Health and Counselling Cell we are enclosing a proposal for conducting Faculty Empowerment Programme on the Occasion of World Lungs Day to be held on 17 November, 2022.

1. Duration & target participants.	:	11:30 am - 1 pm Teaching staff and Non-Teaching staff
2. Geographical Coverage	:	College cluster
3. Day and date of the Programme	:	Thursday ; 17 th November 2022
4. Mode/Platform	:	Offline
5. Technical support :	:	Mrs Ashwini S. and Ms Supriya B.
6. Overall Compering	:	Mrs Farhat S


Title, objectives and expected outcomes:


Title: - Faculty Empowerment Programme on the Occasion of World Lungs Day

Objective – 1. To improve Healthy Lungs and breathing system
2. To practice Prannayam for better breathing and mind positivity.

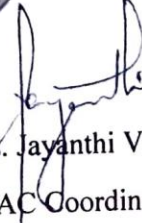
Please approve the proposal.

Thank you


Mrs Swapnali Bidkar
(I/C Health Counselling Cell)


Mrs Suchitra Poojari
(I/C Criteria 6)



Yours faithfully

Mrs. Jayanthi Vaikunth
(IQAC Coordinator)

Karnataka Sangha's
Manjunatha College of Commerce and Junior College of Commerce,
Thakurli- 421201

16 November 2022

On the occasion of World Lung Day
IQAC, Health & Counseling Cell Organizes Faculty Empowerment Programme

Duty Chart

Overall Compering	Ms. Farhat S
Stage Arrangement	Ms. Sanika & Ms. Swapnali
Preparation of Proposal, Brochure, Invitation & Thanks letter, Agenda and Notice	Ms. Swapnali
Writing on Notice Board	Ms. Anuja & Students
Report Writing	Ms. Ritu T
Attendance	Ms. Supriya
Geo tag Photos	Ms. Pawan A
Vote of Thanks	Ms. Farhat S

Venue: College Auditorium

Timings: 11.30 am Onwards

Day and Date: Thursday, 17 November 2022

Sdkar
Ms. Swapnali. B.
I/c Health & Counseling Cell



Sushila
Dr. Sushila Vijaykumar
I/C Principal

Karnataka Sangha's
Manjunatha College of Commerce and Junior College of Commerce,
Thakurli- 421201

16 November 2022

On the occasion of World Lung Day
IQAC, Health & Counseling Cell Organizes Faculty Empowerment Programme.

AGENDA

Overall Compering by: Ms. Farhat S

Sr. Nos.	Contents	Duration
1	Introduction of Session	1 Min.
2	Welcome address by I/C Principal Dr. Sushila Vijaykumar	2 Mins.
3	Floral Tributes	1 Min.
4	Practical session	1 Hour.
5	Vote of Thanks by Farhat S.	2 Min.
6	National Anthem	1 Min.

Venue: College Auditorium

Timings: 11.30 am Onwards

Day and Date: Thursday, 17 November 2022

Swarna
Ms. Swapnali. B
I/c Health & Counseling Cell



Sushila
Dr. Sushila Vijaykumar
I/C Principal

World Lung Day

Date: 17 November 2022

Sr. No.	Name	Sign.
1.	Dr. Sushila Vijaykumar	
2.	Mrs. Jayanti Vdikumth	
3.	Mrs. Nandini D S	
4.	Mrs. Supriya Bhalerao	
5.	Mrs. Shalika Poojari	
6.	Ms. Kitya Thakurli	
7.	Mrs. Swapnali Birkar	
8.	Mrs. Madhuri Mahare	
9.	Mrs. Vanda Jedwad	
10.	Mrs. Mishu Or. Deodhan	
11.	Mrs. Tenonnum Shaikh	
12.	Mrs. Suelha Dubey	
13.	Mrs. Ritu S.	
14.	Mrs. Sujata Tamboli	
15.	Mrs. Manu Papatyoti	
16.	Mrs. Trupti Chaudhari	
17.	Mrs. Patil Jayasbeik	
18.	Ms. Pallavi V. More	
19.	Mrs. Swati. Bangalore	
20.	Mrs. Deepali Bhole	
21.	Mrs. Prajakta Sapute	
22.	Mrs. Anjali Gunde	
23.	Mrs. Anvita Badgulyar	
24.	Mrs. Anuja Mane	
25.	Sanika Karkare	
26.	Shamika Bhagat	



World Lung Day

Date: 17 November 2022

Sr. No.	Name	Sign.
27	Priyanka sathore	
28	Veena C. Palan	
29	Suvasna A. Shinde	
30	Divya S. Shetty	
31	Dupka M Birajdar	
32	Dikshita S Banjan	
33	Rohini patil	
34	Vanita Desai	
35	Bhagyashri oak	
36	Pooja Sadunekar	
37	Anura Ambolkar	
38	Vikas Y. Rangre	
39	Amit A. Patil	
40	Sanjay Kadam	
41	Chandan Ganil	
42	Preethi Poojari	
43	Rashmi shetty	
44	Ashwini shetty	
45	Ranjeeta shetty anandam	
46	Renu Arora	
47	Rushikesh Deshpande	
48	Vijay Joshi	
49	Aarti Bapat	
50	Yogini Dastane	
51	Disha - lyax	
52	Fadhail Sayed	





Phira

Principal
Manjunatha College of Commerce
Kanchangaon, Khambalpada,
Thakurli (E) - 421 201.

**Karnataka Sangha's
Manjunatha College of Commerce, Thakurli (E).**

Date: 28 November 2022

Notice

All the students of FY/SY and TY are hereby informed that IQAC & NSS Unit along with HDFC organizing "blood donation camp" on the occasion of **AID's Awareness Day** as per the following schedule.

All are asked to come forward along with your friends and relative and family members to take part Nobel cause.

1] Day& Date: - Thursday 1st December 2022

2] Time – 10am to 3pm

3] Venue – College Auditorium

Light refreshment, gift and certificate of blood donation will be provided to every Blood Donor.

M. Maharao

Asst Prof. Madhuri Maharao
NSS PO

Shila

Dr. Shushila Vijaykumar
I/C Principal



Date: 4 December 2022

Principal

K S's Manjunatha College of Commerce

Thakurli (east).

Subject: Brief report of Blood Donation Camp.

Madam

The IQAC, NSS Unit, Alumni Association along with HDFC bank and JJ mahanagar Blood bank, has organised blood donation drive on the occasion of World's Aids Awareness Day on Thursday, 1st December 2022. During this camp total of 38 blood bottles were collected. HDFC bank has sponsored refreshment and also have given token of love in a form of small gift to every blood donor and also to volunteers who has put in efforts to make this camp successful.

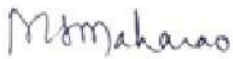
Aim of this camp: - Donate blood for noble cause

Objective: - 1] To understand the need for blood donation 2] To know who are match blood groups 3] To know the general of individual

This is for your kind consideration

Thank you

Yours faithfully



Asst.Prof.Madhuri Maharao

NSS PO.



Asst. Prof. Nisha Deodhar

In-charge Alumni Asso.

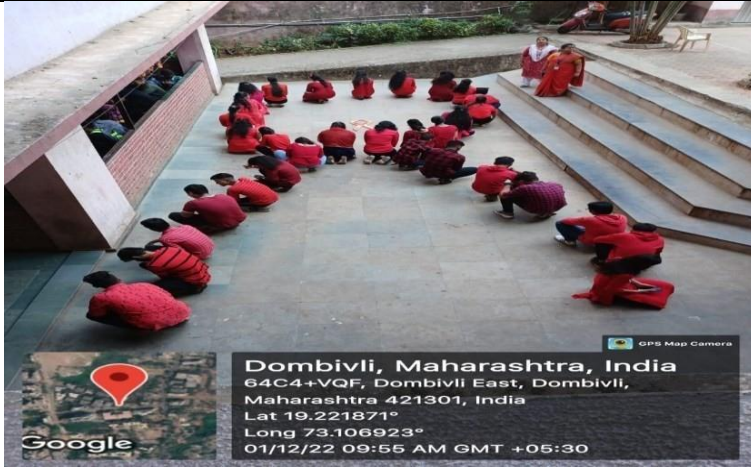
Glimpse of Blood Donation- 1st December 2022



Principal Dr. Sushila Vijaykumar welcoming alumni Abhijit (HDFC bank)



NSS PO and volunteers receiving certificate of appreciation



AID's Human symbol



Blood donation



Sushila
Principal
Manjunatha College of Commerce
Kanchangan, Khambalpada,
Thakurli (E) - 421 201.



Sample attendance of students done blood donation

**MANAGAR RAKTAPEDHI, Managed by State Blood Transfusion Council
(Govt. of Maharashtra)
Blood Donor List**

: 01/Dec/2022
: Dombivali (01.12.2022)

Donor ID	Donor Name	Blood Group	Mobile No.	Email-ID
JJMR22-C20349	KRISH MISHRA	O Rh Pos	9773150242	
JJMR22-C20348	CHE TAN PHADTARE	AB Rh Pos	8169079274	
JJMR22-C20347	SOJAL PATANGE	O Rh Pos	9619241104	
JJMR22-C20343	OMKAR CHUKKA	O Rh Pos	7208100788	
JJMR22-C20344	ANIKET BENKE	A Rh Pos	8591066833	
JJMR22-C20346	ABHISHEK NAIK	O Rh Pos	8951054376	
JJMR22-C20345	HEMANT SAHANI	B Rh Pos	9833472683	
JJMR22-C20342	AARYAN CHAVAN	O Rh Pos	9321190709	
JJMR22-C20341	FAIZAN SALLMARE	O Rh Pos	9702947991	
JJMR22-C20340	AMAN SHAH	O Rh Pos	7104324452	
JJMR22-C20339	MANISH FAUDE	A Rh Pos	9619896604	
JJMR22-C20335	SUMIT PRASAD	O Rh Pos	8652752168	
JJMR22-C20338	AADESH CHORGE	B Rh Pos	9594073662	
JJMR22-C20336	JATIN PANIGRAHI	A Rh Pos	8097233623	
JJMR22-C20337	PAWAN PAWAR	O Rh Pos	6361366629	
JJMR22-C20334	VIVEK PATANI	O Rh Pos	8356912909	
JJMR22-C20333	VINAY JAISWAL	AB Rh Neg	9394430626	
JJMR22-C20316	SANDEEP JAISWAL	AB Rh Neg	7678020062	
JJMR22-C20315	ASHISH KHANVILKAR	A Rh Pos	8828090325	
JJMR22-C20314	SWATI BANGERA	AB Rh Pos	9987462712	
JJMR22-C20313	PREM CHAVAN	B Rh Pos	8424070469	
JJMR22-C20312	NEJIN VISHWAKARMA	B Rh Pos	7977687443	
JJMR22-C20311	GANGESHI YADAV	O Rh Pos	9819371146	
JJMR22-C20310	UTSAV JAISWAR	B Rh Pos	9769878368	
JJMR22-C20309	RAMESHI PATOLE	A Rh Pos	8082555338	
JJMR22-C20308	SHUBHAM YADAV	B Rh Pos	9372387450	
JJMR22-C20305	SIDDHESH TIWARI	A Rh Pos	9321892081	
JJMR22-C20301	SIDDHARTH KIRTANE	B Rh Pos	8104584151	
JJMR22-C20306	AYUSH MAURYA	O Rh Pos	8356878112	
JJMR22-C20303	SAJIL SHELAR	B Rh Pos	9920704619	
JJMR22-C20300	BEJUSAN SHIRKAR	B Rh Pos	9967915334	
JJMR22-C20297	LAVANYA REDDY	O Rh Pos	9167515875	
JJMR22-C20296	OMKAR BHAT	O Rh Pos	9137827160	
JJMR22-C20298	MUHAMMAD ANSARI	B Rh Pos	8452763725	
JJMR22-C20299	VINAYAK MISHRA	B Rh Pos	8828636577	
JJMR22-C20304	SAMADHAN PATE	B Rh Pos	8097823278	
JJMR22-C20302	ABHISHEK TIWARI	B Rh Pos	8369392876	
JJMR22-C20307	YAKSHIT SHETTY	A Rh Pos	9167132096	

Phila
Principal
Manjunatha College of Commerce
Kanchangaon, Khambalpada,
Thakurli (E) - 421 201.



**Karnataka Sangha's
Manjunatha College of Commerce, Thakurli (E).**

Date: 25 January 2023

Notice

All the students are hereby informed that IQAC & NSS Unit of our College is organizing session on Surya-Namaskar to celebrate "International Surya-Namaskar day". The schedule of this activity is as follows:

1] Day & Date:-- Saturday, 28 January 2023

2] Venue:- College Auditorium

3] Time: - 9.30am

All should come in large number.



Dr. Sushila Vijaykumar

Principal



Brief Report of International Surya-Namaskar Day

Date: 30 January 2023

Principal

K S's Manjunatha College of Commerce

Thakurli (east).

Subject: Report of International Surya-Namaskar Day

Madam

As per the guidelines of Ministry of AYUSH to organise global Surya-Namaskar demonstration was organised by IQAC and NSS Unit organized International Surya-Namaskar Day at our college on Saturday, 28 January 2023. This was in continuation of Government of India's initiative on 14 January 2023 to commemorate the journey of Sun to the Northern Hemisphere. The objective of the activity was to inculcate mental, physical, and spiritual healthy practice among youths. Yoga embodies unity of mind and body, thought and action is valuable to our health and our wellbeing. Yoga cultivates the ways of, maintaining a balanced attitude in day to day life and endows skill in the performance of youth's actions. 40 students were presented in these activity.

Thank you

Yours faithfully

M. Maharao

Asst. Prof. Madhuri Maharao

NSS PO

Sushila
Dr. Sushila Vijaykumar
Principal
Manjunatha College of Commerce
Kanchangaon, Khambalpada,
Thakurli (E) - 421 201.



Glimpse of International Surya Namaskar Day celebrated on 28 January 2023



Sushila
Dr. Sushila Vijaykumar
Principal
Manjunatha College of Commerce
Kanchangaon, Khambalpada,
Thakurli (E) - 421 201.



(40)
International Surya Namaskar Day

28/1/2023

class	Roll No.	Name	Sign
SYBAE	2235	Prilesh Tiwari	
SYBAE	2232	Nilesh Singh	
SYB.Com	1503	Parthi Ratbhar	
FY.Bcom	1123	Saumya Singh	
FY.Bcom	1056	Shruti Pan	
Fy Bcom	1089	Kamal shigvan	
Fy.Bcom	1187	Jyoti Nadvinkar	
FY.BCom	1245	Bhuminika Gaitkurwal	
Fy.Bcom	1157	Prathmesh Amin	
Fy Bcom	1088	Smyanika Sharma	
Fy Bcom	1067	Rishi Phatak	
Fy Bcom	1068	Siddhi Phatak	
Fy Bcom	1084	Madhu Sharma	
FY BCOM	1107	Deepu Yadav	
Fy Bcom	1182	Obita A. Jha	
Sy Bcom	1458	Anusha Chauhan	
Sy Bcom	1465	Chaitani Dharani	
Fy.Bcom	1075	Sanshrikant Rathod	
Fy.Bcom	1074	Sandeep Rathod	
Fy.B.com	1022	Aditya Prajapati	
FY Bcom	1019	Mayur Dandekar	
Fy Bcom	1069	Siddhesh Bilake	
FY.Bcom	1179	Amit Kesharwani	
Fy.B.com	1208	Vishal Rajbhar	
Fy.B.com	1229	Ruspha Singh	
Fy Bcom	1214	Ashish Sapte	
FY Bcom	1248	Abhishek Chane	
Fy.B.com	1255	Viday Pradipati	
FY.Bcom	1243	Sandeep Yadav	
FY.B.com	1216	Ankur Sharma	
Fy.B.com	1153	Simean Bhandary	
FY b.com	1177	Maya Dayaram Kanojiya	
FY b.com	1150	Hasina Begam	
FY.b.com	1034	Brajakta C. Jawale	
FY.BST	2917	Soni V. Mulavath	
FY Bcom	1002	Tillesh Bangera	

Phila
Principal
Manjunatha College of Commerce
Kanchargaon, Khambalpada,
Thakurli (E) - 421 201.

