

Karnataka Sangha's
Manjunatha College of Commerce, Thakurli (E).


Date: 18 June 2019

Notice

All the students of FY/SY and TY are hereby informed that IQAC & NSS Unit of our College is organizing International Yoga Day on Thursday, 21 June 2018. The details of which are as follows:

1. Venue of activity: College Auditorium
2. Time 9:00 am to 11:00 am
3. Things to be carried: Comfortable clothes, mattress.

The interested students should give their names in the NSS room on or before Tuesday, 19 June 2018.



Asst. Prof. Pushkar D.
NSS PO



Dr. V.S. Adigal
Principal
Principal
MANJUNATHA COLLEGE
OF COMMERCE
Kanchangaon, Khambalpada,
Thakurli (E) - 421 201.

Date: 26 June 2018

Principal

K S's Manjunatha College of Commerce

Subject: Report of International Yoga Day

Sir

IQAC and NSS Unit of our college organized International Yoga Day on Thursday, 21 June 2018 at College Auditorium. The objective of the activity was to build strength, awareness and harmony in both the mind and body by performing various Yoga Asanas. Nearly 30 students participated in the activity.

Thank you

Yours faithfully



Asst. Prof. Pushkar Deshpande
NSS PO



Sr.	Name of the participant <u>Yoga Day</u>	Class	Sign
01	CHAVAN VARSHA	TYBMS	<u>Chavan</u>
02	Sahu Ajay	SyBMS	<u>Ajay</u>
03	Vikhe Jagashri	FYBAF	<u>Vikhe</u>
04	Mali Pooja	FYB COM	<u>Pooja</u>
05	Jadhav Tanusha	FYBMS	<u>Tanusha</u>
06	Gupta Sangeeta	SyB.COM	<u>Sangeeta</u>
07	Singh Rituja	FYBBI	<u>Rituj</u>
08	Puroi Pooja	FYBcom	<u>Bhumi</u>
09	Joshi bhumi	SyBMS	<u>Joshi</u>
10	Rao Pagal	SyBAF	<u>Rao</u>
11	HARIJAN REKHA	SyBcom	<u>rekha</u>
12	Soni Karan	FYBBI	<u>Karan</u>
13	Verma mamta	SyBMS	<u>M.V.</u>
14	NAYAK Ranjit	SyBMS	<u>Ranjit</u>
15	Ghole Rohit	TYcom	<u>Rohit</u>
16	Pawar Snehal	SyBcom	<u>Snehal</u>
17	Kadam Tejal	FYBAF	<u>Kadam</u>
18	varma Devendra	TYBMS	<u>Dev</u>
19	MORE ankita	SyBcom	<u>Ankita</u>
20	LAD GAURAVEE	FYBAF	<u>Lad</u>

Signature of I/c

Anand
Principal



UNIVERSITY OF MUMBAI
NATIONAL SERVICE SCHEME



Web site- www.nssmu.org.in
Tel. - 2287 3696
Vidyapeeth Vidyarthi Bhavan,
2nd Floor, 'B' Road, Churchgate,
Mumbai - 400 020.
No. NSS/113 /2018-2019.
Date:- 29/05/2018

To,
The Principal of Colleges having NSS Unit.

Subject:- Celebration of International Yoga Day on 21st June 2018 reg...

Dear Sir / Madam,

With reference to above subject, as per the communication received from Ministry of Youth Affairs & Sports, New Delhi, 21st June is to be celebrated as International Yoga Day.

A suggestive action plan received from the Ministry is as follow...

- 1) Workshop on Yoga at College level on Yoga Day with demonstration & performance of Yog-Asanas.
- 2) Performance of Yog-Asanas in the campus by NSS Units to mark the occasion of Yoga Day.
- 3) Rallies in the College Campus / Adopted Area / City by NSS Volunteers for awareness about benefits of Yog-Asanas and to motivate for living a healthy life.
- 4) All the Special Camp / Residential Camp programmes will have a component of performance of Yog- Asanas.

It is requested to organise Programme to observe International Yoga Day on 21st June 2018 by all NSS Units. You may involve the organisation/ NGO of your area specialised in Yoga for the same. Kaivalyadham Yoga Centre, Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Patanjali Yoga Centre, etc. may be involved in this programme.

University Level Common Yoga Protocol Workshop & Celebration of International Yoga Day will be organised at University Sports Complex, Vidyanaagri Campus, Santacruz.

A brief report on the activities carried on International Yoga Day as per below proforma to be sent to the respective NSS District Co-ordinator with action photographs, news clipping. The NSS District Co-ordinators are requested to compile the activity data/report received from the College NSS units of your jurisdiction and be forward to undersigned for onward transmission to Ministry.

Total No. of Colleges Participated	Total No. of Units	Nature of activities	Total No. of NSS Volunteers Participated	Total No. of Local Youth /others Participated	Total Number of Participation

Looking forward for your co-operation.

With regards,

Yours sincerely,

Prof. B.S. Bidve,

NSS Programme Co-ordinator

C.C. to 1) Regional Director, Regional Directorate of NSS, Pune.

2) Dr. Atul Salunke, State NSS Officer, Govt. of Maharashtra.



Date: 15/06/2018

To,
The NSS Co-ordinator
Mumbai.

Subject: Names of the NSS Volunteers attending 7 Days Yoga Training Camp

Respected Sir,

Following are the Names of the NSS Volunteers of KSS' Manjunatha College of Commerce, Thakurli (E) who will be attending the 7 Days Yoga Training Camp from 15th June 2018 to 21th June 2018 at Sports Complex, Kalina.

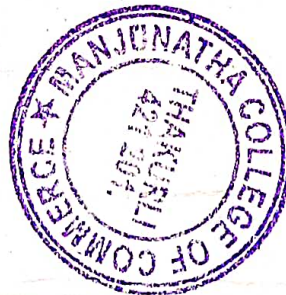
SR.	NAME OF THE STUDENT	CLASS	CONTACT NO
1.	Shrivastav Pawan Krishna Rekha	TYBCOIVI	8433611730
2.	Shirke Sameer Santosh Alka	SYBAF	8976391737
3.	Kanojiya Deepak Santlal Geeta	SYBBI	8767714236
4.	/ Nandane Pradnya Sunil Kala	SYBBI	8108557558

Kindly Accept and Acknowledge the Same.

Thanking You,
Yours Faithfully



Mr. Pushkar R Deshpande
N.S.S Programme Officer



30 June 2018

Principal
K S's Manjunatha College of Commerce

Subject: Report of 7 Days University Level Yoga Camp

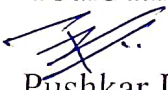
Sir,

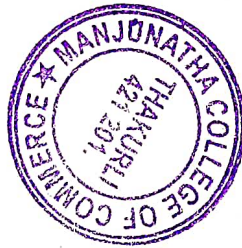
Our NSS volunteers Mr. Pawan Shrivastav, Mr. Sameer Shirke, Mr. Deepak Kanojiya and Miss. Pradnya Nandane attended 7 Days University Level Yoga Camp from Friday, 15/6/2018 to Thursday, 21/6/2018 at Sports Complex, Kalina University, Kurla, Mumbai. During the camp the participants were trained for various Yoga Asanas which are beneficial for overall physical and mental health.

We can organize similar type of camp in our college where our college students can take benefit from the trained students in Yoga.

Thank you

Yours faithfully


Pushkar Deshpande
NSS PO



**UNIVERSITY OF MUMBAI
NATIONAL SERVICE SCHEME**

University Level Common Yoga Protocol Camp - 2018




This is to certify that

Mr./Ms. Pawan K. Shrivastav NSS Volunteer
of Manjunatha College Of Commerce, Dombivali has participated in

University Level Common Yoga Protocol Camp from 15th to 21st June 2018 and Celebration of International Yoga Day at Sports Complex, Vidyanagri Campus, Santacruz (E), Mumbai, jointly organized by University of Mumbai, Kaivalyadhama (Mumbai), Hyderabad (Sind) National Collegiate Board Institutions & R. D. and S. H. National College and S. W. A. Science-College, Bandra.


Prof. B. S. Bidve
NSS Programme Co-ordinator
University of Mumbai


Prof. Sushas Pednekar
Vice-Chancellor
University of Mumbai

21st June 2018



INTERNATIONAL
**DAY of
YOGA**
JUN 21 2018





UNIVERSITY OF MUMBAI
NATIONAL SERVICE SCHEME
University Level Common Yoga Protocol Camp - 2018



This is to certify that

Mr./ Ms. Pradnya Sunil Nandane of Manjunatha College Of Commerce, Dombivali has participated in

University Level Common Yoga Protocol Camp from 15th to 21st June 2018 and Celebration of International Yoga Day at Sports Complex, Vidyanageri Campus, Santacruz (E), Mumbai, jointly organized by University of Mumbai, Kaivalyadhama (Mumbai), Hyderabad (Sind) National Collegiate Board Institutions & R. D. and S. H. National College and S. W. A. Science College, Bandra.

Prof. B. S. Bidve
 NSS Programme Co-ordinator
 University of Mumbai

Prof. Suhas Pednekar
 Vice-Chancellor
 University of Mumbai

21st June 2018



UNIVERSITY OF MUMBAI
NATIONAL SERVICE SCHEME
University Level Common Yoga Protocol Camp - 2018



This is to certify that

Mr./Ms. Pradnya Sunil Nandane NSS Volunteer
of Manjunatha College Of Commerce, Dombivali has participated in

University Level Common Yoga Protocol Camp from 15th to 21st June 2018 and Celebration of International Yoga Day at Sports Complex, Vidyanagri Campus, Santacruz (E), Mumbai, jointly organized by University of Mumbai, Kaivalyadhama (Mumbai), Hyderabad (Sind) National Collegiate Board Institutions & R. D. and S. H. National College and S. W. A. Science College, Bandra.

Prof. B. S. Bidve
NSS Programme Co-ordinator
University of Mumbai

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21st June 2018